SUSAN WELTNER-BRUNTON, PH.D. & ASSOCIATES, INC.

PSYCHOLOGICAL, COUNSELING & TESTING SERVICES

Summer/Fall 2016

NEUROPSYCHOLOGY

Neuropsychological evaluations can help medical doctors, families, and educators to understand the impact of an injury, illness, or developmental disability on a patient's cognitive abilities including reasoning, attention, executive functioning, processing speed, memory, visual-motor, and verbal skills. They can also diagnose learning and attention disorders. The results of the evaluation can help guide intervention plans. Kerry Monahan, Psy.D., is a pediatric neuropsychologist in our office.



When families receive the diagnosis of a chronic or life-limiting medical condition, reactions range from confusion and disbelief to anger and sadness. Life changes in a myriad of ways, from having numerous medical appointments, separation from loved ones for treatment, interacting with a medical team, learning a new vocabulary, coping with absence from school or work, managing chronic pain, and changes in daily functioning. Life-threatening illnesses can cause stress and anticipatory grief. Traumatic stress can occur as a result of the diagnosis, the illness itself, or even the medical treatments. Whenever an illness or its treatment involves a high level of fear, a sense of threat, and feelings of helplessness or uncertainty, the patient and family are at risk for traumatic stress.

Avalon Espinoza, MSW, LISW-S is an expert in helping patients and families cope with chronic and life-limiting illness

Avalon brings an empathic, compassionate approach along with over 17 years of experience in a medical setting and specialized training in trauma-focused cognitive behavioral therapy to her work with children, adolescents, and young adults with cancer and chronic or life-limiting illness and their families. For more information on Avalon or her services, go to www.swbphd.com.



NEUROPSYCHOLOGIST

Kerry Monahan, Psy. D., received her Psy.D. in Clinical Psychology from Indiana State University. She completed her doctoral internship in pediatric neuropsychology at Kennedy Krieger Institute/Johns Hopkins University School of Medicine and her two-year post-doctoral fellowship in pediatric neuropsychology at Nationwide Children's Hospital. Dr. Monahan has expertise in the neuropsychological assessment of children, adolescents, and young adults with medical diagnoses and associated developmental, learning and cognitive concerns. In addition she specializes in evaluation of ADHD, executive function disorders, learning disabilities, and general developmental concerns.

"Our mission is to help our clients unlock their potential to succeed and thrive in school, work, and relationships."



Photographs taken by Mollie Moore

Contact Us

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NUTRITION COUNSELING

In the course of counseling parents regarding children's development and behavior, questions about nutrition are inevitable. Nutrition couseling can guide clients who have behaviors that interfere with eating, those who want to improve their eating habits, and those who need to make changes to cope with a medical condition. Nadiya Timperman, MS, MPH, RD, LD is a registered and licensed dietition with expertise in disordered eating, choosy eating, failure to thrive, childhood obesity, sports and performance nutrition, pregnancy nutrition, introducing solids, specialized diets, food allergies, and family meal planning. Nadiya is gifted at meeting clients "where they are" and helping them develop a plan for success in meeting their individual goals. Call us to schedule an initial consultation.

IMMEDIATE OPENINGS FOR NEW REFERRALS

Susan Weltner-Brunton, Ph.D. & Associates have immediate openings for neuropsychological testing, ADHD evaluations, learning disability evaluations, nutrition counseling, and counseling for chronic or life-limiting medical conditions. We also continue to offer diagnostic evaluations and counseling for anxiety, stress, mood disorders, grief, and developmental concerns. Call for more information, to make a referral, or to make an initial appointment.

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[Recipient Name]
[Street Address]
[City, ST ZIP Code]