



# SUSAN WELTNER-BRUNTON, PH.D. & ASSOCIATES, INC.

PSYCHOLOGICAL, COUNSELING & TESTING SERVICES

Spring/Summer 2017

## REASONS TO REFER

*Is this child on track developmentally?*

*Is this child gifted?*

*Does this adult have ADHD that was never diagnosed?*

*Does this child have a learning disability? Dyslexia? ADHD?*

*This child is elevated on ADHD checklists, but might something else be going on?*

*This child has epilepsy (or TBI, brain tumor, stroke, spina bifida, etc.) How might this diagnosis be impacting their learning?*

*This teenager had a concussion. Is it impacting them cognitively? Psychosocially?*

*This teenager had a severe traumatic brain injury. They have recovered well physically but are having ongoing problems at home and school.*

## WHAT IS NEUROPSYCHOLOGY?

Neuropsychology is a specialty within the field of clinical psychology. Neuropsychologists hold doctoral degrees in psychology and also have additional expertise in the relationship between the brain and an individual's functioning (e.g., cognitively, behaviorally, socially and emotionally). Neuropsychologists complete graduate courses and didactic training in neuroanatomy, neurosciences and brain development. They also complete clinical training and research in neuropsychology through a doctoral internship and two year post-doctoral fellowship. Typically these training positions occur in a hospital setting.

Neuropsychologists have particular expertise in cognitive assessment and can evaluate the impact of a brain injury or disorder on an individual's functioning. In addition, neuropsychologists have extensive training in assessment more generally, and can evaluate for other learning or neurodevelopmental concerns such as ADHD and learning disorders. Neuropsychological evaluations serve to assess an individual's neurocognitive profile, provide diagnostic clarity, and generate clinical recommendations, as well as recommendations for home, school and work.

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*Neuropsychologists are experts in the relationship between the brain and behavior.*

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**Kerry Monahan, Psy.D.**, received her doctoral degree in psychology from Indiana State University including a doctoral internship at Kennedy Krieger Institute/Johns Hopkins University School of Medicine and a postdoctoral fellowship at Nationwide Children's Hospital. She provides neuropsychological assessments for children, adolescents and young adults with medical diagnoses and associated developmental and learning concerns. She also evaluates children and adults with learning and attention problems and general development concerns. Learn more about Dr. Monahan at [www.columbusneuropsychology.com](http://www.columbusneuropsychology.com)



## WHO NEEDS NUTRITION COUNSELING?

With all the mixed nutrition messages in advertising, news, popular media and even research, most of us feel overwhelmed with thoughts about what we should and should not eat. (“Eat this, not that!” “I lost 7 pounds in 10 days!” “Drink smoothies and eat raw foods.” “Latest diet anyone?” “Non GMO.” “Organic.” “Whole.” “Low fat vs. No fat vs. REAL fat.”) Through all the confusion and balancing life’s demands, many of us still struggle on a daily basis to eat in a nutritionally balanced way. Anyone with questions about how to eat better for stress and chronic disease management, healthy weight, sports performance, or medical concerns can benefit from talking to a registered dietitian. With Master’s degrees in both nutrition and public health, **Nadiya Timperman, RD, LD**, is dedicated to individualizing her advice to the needs and health status of each client. She collaborates with her clients to design goals for personal success.

### Contact Us

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### Counseling and Psychotherapy

Susan Weltner-Brunton, Ph.D. & Associates offers counseling for chronic or life-limiting medical conditions, stress management, grief/loss, coping with ADHD, learning disorders, or developmental disorders, and parenting. We also provide psychotherapy, including cognitive-behavioral, family oriented, and insight-oriented, for anxiety and mood disorders.

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#### **Recipient Name**

Street Address

City, ST ZIP Code